

## Yavero gear and clothing

Due to the limited amount of pack horses available in the area near the river, it is imperative that you pack efficiently. With daytime temperatures in the mid eighties and water temperature in the low to mid seventies, you do not need a lot of warm gear on the river. The total weight of your river gear including lightweight sleeping bag and sleeping pad cannot exceed 20 pounds and must be able to fit into small/medium size dry bag. The guides will go over your gear with you before we begin the river portion of trip and can help you pack. No ammo cans or metal boxes will be allowed on the river portion of the trip.

- very lightweight, compressible sleeping bag rated down to 60 degrees
  - lightweight, compressible 3/4 length themorest inflatable pad
  - lightweight comfortable hiking boots for 3 mile hike down to the river and to wear in camp.
- Note: You should not wear your river shoes down to the river unless you have tested them and are sure they won't create blisters.
- paddle jacket
  - paddle pants or rain pants
  - 2 pairs of light weight poly-pro socks
  - Five-Ten river shoes (with stealth rubber bottoms) or any other five-ten shoe with stealth rubber.
  - lightweight bicycle gloves for paddling kayaks. There is the option of a lot of kayaking so gloves are important if your hands are not used to it.
  - minimal toilet kit
  - bug repellent (WITHOUT DEET which eats the boats) There are few bugs on the trip but a small container of repellent is good insurance.
  - 2 light weight Polypropylene (synthetic) shirts (under armor is fine)
  - quick drying river pants (or cotton medical pants for sun)
  - two pairs underwear
  - quick drying swim suit
  - 1 short sleeved cotton shirt
  - cap with visor (must be able to fit under helmet)
  - sun glasses with neck strap
  - plastic water bottle with locking carabeaner
  - 1 LCD headlamp (durable and lightweight)
  - 1 pair of quick drying lightweight shorts
  - lightweight, light colored long sleeve cotton shirt (for sun)
  - sunscreen
  - small canvas duffle bag with clean clothing for the Machu Pichu portion of the trip. This gear will meet you at the hotel the evening before we visit Machu Pichu and should include a clean set of clothing, a rain jacket with hood and hiking gear.

**Note:** The things you travel down to Peru with can be left in Calca and will be brought back to Cuzco to meet you at the end of the trip.

**Earth River Supplies:**

Food

Rafts (14') Paddle and oar paddle boats

Custom made Thrillseeker inflatable kayaks  
raft and kayak Paddles

Extensive wilderness first aid kit

Waterproof river bag

water purification

Sat phone

tents (2 person for couples and singles for individuals)

**Optional**

lightweight camera and soft waterproof case (no ammo cans or Pelican boxes)

Journal and pen

River knife or small pocket knife

binoculars

No wet suits are necessary.

**\*River Shoes:** River shoes are probably the single most important article of clothing you will need on this expedition. They need to have a substantial sole, adequate foot protection, good ankle support, should not come off in a strong current and stick to wet rocks. Texas, Alps, or other river sandals are **NOT** sufficient and will not be good for this type of expedition. **FIVE-TEN WATER shoes with stealth bottoms** are the best shoe currently on the market.